

Seven days of reading together

One book. A little time. No rush. Check a box after each activity.

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Day 1 • Let them choose

Offer two books, or revisit a favorite. Read together for five to ten minutes—or as long as feels comfortable.
What caught your eye on the cover?

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Day 2 • Notice the pictures

Pause on one page. Let the child point, describe, or imagine what is happening. For a baby, name a picture and follow their attention.
What do you notice that I missed?

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Day 3 • Make room for a question

Read a little, then pause. Invite a question. It is fine to say 'I don't know' and look for an answer together.
What are you wondering about?

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Day 4 • Connect it to home

Find a moment in the story that reminds you of your family. Share a small memory, without needing to write it down.
Does this remind you of anyone or anything we know?

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Day 5 • Give the story a voice

Take turns reading, describing a picture, signing, or making a character's sound. Listening counts too.
How do you think this character feels?

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Day 6 • Make something from it

After reading, draw a scene, act it out, or tell a different ending. Use what you already have at home.
What would you add to this story?

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Day 7 • Choose the next chapter

Revisit the favorite moment of the week. Pick a book and a time to read together again. Celebrate the time you made for each other.
What should we read next?

We made time for each other. Choose a book and read together again.

Activities & completion card: heirstandardlearning.org/resources/read-to-a-child